

NEWSLETTER



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ABOUT US

GIVE SOMETHING BACK: If you enjoy helping others, connecting with Rotary gives you the chance to do something really worthwhile. What is more, as a member of Rotary you will benefit from being part of a large, internationally trusted organisation.

FUN AND FRIENDSHIP: Rotary membership is a lot of fun. We arrange a lot of activities which provide a welcome distraction from busy lives and the opportunity to make new friends who share common values.

BUSINESS OPPORTUNITIES: Rotary was founded over 100 years ago as a business networking club and this is still part of Rotary life. Ethical practice is encouraged and, with members drawn from all walks of life, the opportunities to network are endless.

PERSONAL DEVELOPMENT: You will develop your cultural and social awareness through membership of Rotary as well as public speaking, social, business, personal and vocational skills.

www.maidenheadbridgerotary.org.uk

FROM THE PRESIDENT!

As I write this, there are only 6 weeks left of this Rotary year. It only seems like yesterday that I was writing my first Newsletter "welcome" and talking about the year ahead.

It has been a great year for our club and this is entirely down to our fantastic members who put so much hard work into keeping the club running. Nothing that we have done or achieved has happened by accident. Every club social, every community event, every Press Release, every club meeting, every Newsletter, every penny raised for charity, every committee meeting, every volunteering opportunity has been planned by individuals and teams of hard working, volunteering Rotarians. There's a saying "If you want something done, give it to a busy person" and this is so incredibly true of everyone who has contributed to the success of our club.



There is no hiding that our four year old club is one of the younger clubs across our District, average age around 45 years, and 40/60 split male and female. This is to be celebrated, but it's not without its challenges. Nearly all of our members work full time – this means we have less time to put into Rotary, often giving up precious evenings and weekends to fulfil Rotary responsibilities. Many members have young families, and we have welcomed several new little additions to our club meetings over the year (and we have a few more due in the next month or so). Children have always been an important part of our club and are welcomed at our meetings. Volunteering as a family is encouraged. I often think about the children who come to our meetings, what they hear and see, mainly adults doing good in their communities and across the world. A far cry from what they are exposed to across most media these days. What fantastic role models their Rotarian parents are!

Sadly we have lost a few members this year, mostly due to the pressures of work, travel and family life, so the very thing we celebrate can also be our downfall. However having inducted 10 new members this year I am confident that membership will remain strong.

As we continue to play an active part in our community, build partnerships with other organisations across Maidenhead, involve ourselves with International Projects, work closely with the other Rotary Clubs in Maidenhead and across our District, meet new people, make lifelong friends and have a whole load of fun along the way, I am totally convinced that our club will continue to grow from strength to strength over the coming years.

Although the year is not completely over yet I would like to take the opportunity to thank the wonderful Club Council who have worked so hard this year. Having a great team is definitely the key to survival when it comes to being Club President. I would also like to thank ADG Gillian and DG Joy for their support and encouraging words throughout the year.

Enjoy the rest of the Newsletter!

Victoria

DISTRICT CONFERENCE



District 1090 Conference this year took place over the weekend of 25th/26th March in Bournemouth.

Having to watch the pennies this year, I was delighted to see that there were several booking options to suit all budgets and I decided to head down to Bournemouth early Saturday morning and get myself a good seat for the first conference sessions of the day.

The theme of this year's conference was "Reach Out". Very apt as it is more important than ever for Rotary to be reaching out to the rest of the world.

The sessions kicked off with "Celebrating 100 years of the Rotary Foundation" and we heard from this year's Rotary Foundation Scholars about what they had been up to in their studies. This was followed by a talk from Dr Jim McWhirter (from the Rotary Club of Henley Bridge) about how he was "reaching out" to hospitals in rural Uganda and how with the help of Rotary International Global Grants they were able to refurbish and extend an old operating theatre and maternity ward.

Next was a truly inspiring talk from Pam Warren, who was severely injured in the Paddington Rail Crash. Pam gave an incredible account of the accident and how she triumphed over such terrible adversity. She had to endure incredible surgery and months of therapy and now dedicates her life to making sure that such a horrific event never happens again. A real story of how one person CAN make a difference.

We were then introduced to Michael Angelo Caruso who gave a very entertaining and engaging presentation. Michael is a Rotarian, District Governor of Rotary District 6380, from The Rotary Club of Troy, Michigan. He is a professional speaker who teaches presentation skills. His talk focussed on membership, and what we might be doing wrong (and right!) and after lunch he took the stage again to talk about Social Media.



We rounded the day off at the Gangsters and Molls Ball where we enjoyed good food and great company and danced the night away. Thankfully I had arranged to stay the night in Bournemouth so with the sound of the excellent live band still ringing in my ears I danced my way back to my hotel for a good night's sleep after a truly excellent day. (We'll say nothing of the Live Facebook broadcasts I made throughout the evening. Elisa-Jade made me do it!)

Victoria



FEATURE: MICROFINANCE - AN INTRODUCTION

Back in February we welcomed Sarah Parfitt to a club meetup to talk to us about Partners for Change Ethiopia, and particularly the new #woman2woman2017 initiative. This sees women in Ethiopia receive a £100 loan and business training in order to start her own business. These loans will then be repaid and recycled to help others in the same way.

As an international committee, this got us thinking about how this kind of initiative can really make a difference, and whether we, as a club, could follow the other Maidenhead clubs' approach by having a microloan pot which we invest, and reinvest, in similar projects.

Firstly, what is a microloan?

Microloans enable small business owners and entrepreneurs to access funds where traditional methods might be otherwise restricted, such as through a lack of security for a full bank loan or similar. It is therefore ideal for helping to mobilise people out of poverty and for promoting less developed economies.

Does Rotary have any involvement in microfinance initiatives?

Rotary International openly promotes microloans as a way of creating opportunities for individuals and communities to thrive financially.

For example, most of the women living in rural Guatemala do not have the collateral to get loans from regulated financial institutions. The Rotary Club of Guatemala de la Ermita helped 400 local women complete financial literacy courses so they could pool their money and fund their own microlending program.

In Esmeraldas, Ecuador, Rotary members helped grant more than 250 microloans and train more than 270 community members in sewing, baking, plumbing, microcredit, business management, and leadership.



In addition, the Rotarian Action Group for Microfinance and Community Development (RAGM) is a group of Rotarians whose purpose is to provide global leadership to assist clubs and districts to participate in effective Microfinance and Community Development programs. This Rotarian Action Group operates in accordance with Rotary International policy, but is not an agency of, or controlled by, Rotary International. RAGM offers, through its approximately 500 members and 1,500 e-mail circulation list, help for successful microfinance projects, and guides members in the process of gaining financial support.

Does any of this interact with the Global Grants available through Rotary Foundation?

Provided a grant is applied for in association with an established and reputable Microfinance Institution (MFI) it is possible to combine a Rotary Foundation grant and microfinance model. This way, the global grant is still supervised by a sponsoring Rotary club or district but passed to a MFI for use in a certain project, provided that project meets one of the Six Areas of Focus. The loan capital can be used for one particular project and reinvested upon repayment, as would be expected with any microloan, and the sponsoring Rotary club or district is required to supervise through the first two loans. Once the second reinvestment has been made, the Rotary Foundation will close the grant, but leave the capital with the MFI for future investments.

Does involvement need to be on a club level, or could we invest personally?

Personal loans are also a possibility with microfinance, and a number of websites exist allowing selection of an investment based on your own personal preferences; be it location, industry or gender.

A selection of websites worth investigating include:

- Kiva (www.kiva.org)
- Lend with Care (www.lendwithcare.org)
- Opportunity International (www.opportunity.org)

These sites provide an idea of the kind of project you can invest in, along with how the microfinance model works.



FEATURE: EASTER FUN DAY



Another Easter Fun Day arrived after what seemed to be only 5 minutes since the last one but another Easter Fun Day also turned out to be a great success.

Many thanks to everyone who helped out on the day and in the preparations for the event, it is not possible without you. It is a credit to everyone that this year's event was probably the most successful we have ever had.

The weather in March and April was really dry so the ground was really hard which might seem to be a minor point to you but it is something that causes me a few worries. I get visions of the fairground rides getting stuck in the mud, leaving deep gorges in the grass and the council never letting us come back...! Perhaps suppressed memories of cars stuck in a crazy muddy field next door to Longridge after a Fireworks Night...!

The weather on Easter Fun Day was also fantastic as well, dry and it became sunnier and sunnier as the day went on. I have never before seen families bringing picnics to the park complete with tartan rugs and camp chairs.

It is always difficult to guess the number of visitors to the park but there were probably over 800. We ran out of coconuts, we ran out of Treasure hunt question sheets, we also ran out of petrol for the bouncy castle but that is a different story.

There were no injuries which is always good news although one small boy was so excited about the bouncy castle that he managed to smack himself in the face with his own plastic toy tractor, his mother was so proud...

I hope some of you tried the cupcakes from "Holly's Bakehouse" and the sausages from "You Silly Sausage". All very tasty. The VW Campervan fitted out as a coffee stall "Campercino" looked fantastic.

The coconut shy and the skittles were very popular as was our very own Marble Game. A surprisingly competitive game against the clock of getting marbles into the hole in the top of a flower pot. Graham and Nancy can probably still be able to hear the noise of dropping marbles.

The traders stalls, Norden Farm and our charity Stand Out for Autism all said they had very successful day and could they come back next year.

As well as all that great feedback and successfully filling the park with people we have also raised over £1200 for our chosen charities

Finally a few special thanks:

- Special thanks to Kate for producing the Treasure Hunt questions. Next year I will be more careful where I put them in the park. One was fixed to the picnic bench but was difficult to find because a grandma was sat on it...!
- Special thanks to the Face Painting team (EJ, Lou, Millie). They didn't stop all day, they were so busy they forgot to drink their teas and coffees, they were all nervous beforehand about their face painting talents but they did brilliantly and all the children seemed happy with their designs.



Adam

MAIDENHEAD ROTARACT'S CHEESE & WINE QUIZ

Spring always seems to be an endless stream of quiz night invitations, and the Maidenhead Rotaract Cheese & Wine quiz was the second of the weekend, let alone anything else. However, it is one of our favourite events of the year – what's not to like about cheese and wine?!

The Desborough Suite at the Town Hall was as packed as usual which is always a great sign, albeit removing all confidence in either of our teams placing anywhere above mid-table!

As is par for the course at these evenings, we all sorted ourselves with a beverage and descended on the cheese platter and table rounds. Many disputes were had about the dingbats (we still didn't like one of them when we heard the answer!) but we did manage to come together as a team to choose an excellent cheese based pun team name, "Things can only get feta"

We put in a valiant effort throughout the rounds, with some going better than others, and we're sure there wasn't a direct correlation between the amount of alcobooze consumed and the accuracy of our answers!

Unfortunately, neither of our teams placed terribly highly by the end of the night, coming a fairly respectable 9th and 10th place on the leader board, but at least we did come away with a Compleat Angler afternoon tea and a bottle of gin from the raffle. Whilst we might not have come away winners from the quiz, the night was great fun and raised more than £2,100 for Thames Valley Air Ambulance - congratulations to the Rotaractors on such a well-run and profitable fundraiser!



REVIEW: BLUES SMOKEHOUSE

On a cold March evening a few of us were looking forward to visit Blue's Smokehouse in Slough for a tasty American BBQ style meal.

After a bowl of popcorn we tucked into our chosen meals and a couple of us had the smokey hotpot with sourdough and a selection of side dishes including onion bundle and their slaw with sweet and sour dressing, we also had their DIY platter where you can choose from pulled pork, BBQ ribs, brisket & burnt ends, link sausages, pork belly and more! The food was delicious and went down well.

Having just come back from The US, Oliver was comparing the meals to what he had over there and told us lots of stories from his travels and of course, as always, plenty of other subjects were covered whilst enjoying our food.

The restaurant has an informal atmosphere and their service was great so we are sure to go back there again at some point in the future for any American style BBQ lovers!

Marthe



RIVERSIDE WALK



On Sunday 14th May an enthusiastic bunch of Maidenhead Bridge Rotarians, partners, friends, and my dog Bagel, took to the towpath by the River Thames for a really lovely springtime walk.

Starting off in Marlow, we walked through the fields (avoiding the cowpats) enjoying the sights and sounds (and smells) of the riverbank. The weather was lovely for the outward journey and I was thankful that I chose to leave my coat in the car. The sun was shining and we were cooled down by a nice fresh breeze. Half time refreshments were served at The Spade Oak Pub in Bourne End where we sat in the garden and enjoyed Nisha's Jammy Dodgers. A quick stop at the riverside Ice Cream Van took place (fuel for the return journey) before we set off to walk back to Marlow. The weather did take a bit of a turn and

we arrived back at the car park in the rain. Our spirits definitely weren't dampened as we scuttled back to our cars shouting our goodbyes to each other. A lovely way to spend a Sunday afternoon and hopefully we will arrange another walk in the not too distant future.



SOCIAL: AFTERNOON TEA DELIGHT



On a lovely Sunday afternoon we decided it was time to spoil ourselves to a sumptuous Afternoon Tea at the boutique Castle Hotel in Windsor. Cake, scones and little sandwiches...well I couldn't possibly say no to that experience!

Having been on a bit of a health kick lately it was rather refreshing to throw caution to the wind and devour a selection of sweet and savoury treats at this charming hotel looking out over Windsor Castle.

It was the ideal opportunity to relax and indulge in the great British tradition in a grand, quintessentially British setting.

Their traditional Afternoon Tea menu features a selection of finger sandwiches served on white and wholemeal bread along with homemade scones, lashings of clotted cream and jam! The chocolate brownie was simply divine and the chocolate mouse, well let's just say I made some rather interesting noises whilst licking the spoon (and the pot) clean!

We had a lovely afternoon chatting and putting the world to right, taking in the atmosphere whilst sitting back and relaxing. This is most definitely an activity I would want to do again and I highly recommend others join us. Thank you to Marthe for organising.

Lisa

History Of Afternoon Tea

Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7th Duchess of Bedford is said to have complained of "having that sinking feeling" during the late afternoon. At the time it was usual for people to take only two main meals a day, breakfast, and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot a tea and a light snack, taken privately in her boudoir during the afternoon.

Later friends were invited to join her in her rooms at Woburn Abbey and this summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for "tea and a walking the fields." Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room. Before long all of fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.





Rotary
Club of Maidenhead Bridge

Maidenhead Bridge Rotary introduces
a **FOOD AND TRAVEL QUIZ** in aid of



Purple **L** Polio



Date: Saturday 10th June 2017
Time: 7pm for a 7.30pm start
Venue: Holyport War Memorial Hall, Maidenhead, SL6 2NA
Cost: £10 includes cheese platter for the table
Info: Team size is 8 or we can add you to a team on the night

To book tickets please go to:

www.maidenheadbridgerotary/food-travel-quiz

email: events@maidenheadbridgerotary.org.uk

For more information
about tickets
contact **Claire**
07786 805194

FEATURE: MY LONDON MARATHON



When I got my ballot place for London I was ecstatic, the reactions of others when I shared my exciting news ranged from 'Wow, that's amazing' to 'You're mad' (90% probably fell into the latter category).

The training plan was researched, written out and stuck on the fridge (where it couldn't be avoided on the tough days) and I quickly fell into a pattern of running, cross training, stretching and developing a love/hate relationship with my foam roller. Friday nights were no longer for going out with friends but instead 'carb loading' and early nights ruled ready for the long Saturday morning runs.

The weather made it hard going at times especially when it was dark and raining so I labelled a 'running jar' and put 50 pence in for every mile I ran. Weekends also meant races and the much needed camaraderie of running with other people – marathon training can be a lonely place.

Medals were added to the growing collection and the mileage needed continued to increase, culminating in a 20 mile race 3 weeks before the big day. Then into tapering and your mind starts to play tricks – I questioned if I could do this and every tiny imagined niggle was a major injury!

Finally, the weekend arrived and we were off to London, expo visited to collect my race number, a good night's sleep and then it was off to the start line in Greenwich where I handed over my kit bag to one of the many trucks lined up and to join the 40,000 other nervous runners. Suddenly it was just me, my trainers, my energy gels and 26.2 miles – all I had to do was keep putting one foot in front of the other and remember to drink in every moment.

When you cross that start line it's a surreal feeling (something I have watched on TV for so many years) and also immediately the crowds start to build, up to 10 deep in places. The noise and cheering is deafening in many places and it really is like being part of the world's largest street party. Charity cheer teams, live bands, singers, cheerleaders, people holding parties on their balconies, families searching for their person running but shouting out everyone else's name as well. A man running with a fridge on his back, some dressed as a rhino, the cookie monster. Getting to run through the changing skyline of one of the most amazing cities in the world and past some of its most famous landmarks.

At mile 16 the most welcome sight, there was my husband waiting – I have never been so happy to see him and ran over for a hug which gave me the boost to push on.

Suddenly, the Embankment, past Big Ben and the onto The Mall and the sign you've been waiting for – '365 YARDS TO GO' and I was then frantically looking for my mum in amongst the 1000's of faces.....and then I found her and ran over for the biggest hug and a few tears! All those people cheering you on it's like your own Olympic moment and when they put that medal around your neck the sense of pride you feel and those 20 weeks and 460 miles of training runs become worth every moment.

When I embarked on this there was one quote I read that stuck with me 'I dare you to train for a marathon and not have it change your life' – and it's true I'm not the same person that started this. I am so excited for all the running adventures that await me the rest of this year and the Brighton Marathon that I am now signed up for next year along with the planned Ultra race.

Elisa

Editors Note:

Wow, that is the word that springs to mind. Congratulations just doesn't seem to cut it Elisa. You should be so very proud, as we are of you. Simply awe-inspiring



FEATURE: WHAT ROTARY MEANS TO ME

September last year was, without a doubt, one of the best decisions I had made joining the Rotary Club. It is fair to say I did not really know much about Rotary or what they did, but I was intrigued to find out more....

I made the decision to go along to a club which was warm, friendly and in a coffee shop, so eating cake while meeting with people who all shared the same love for Rotary, the community and charity had me hooked on my first meeting. There was no decision to make I knew there and then I wanted to be a part of this!

It was the best investment of my time I have ever made, helping the community gives me more of a buzz than buying a pair of shoes (true fact), I love it! I can juggle it around my own personal life but commit enough to make a positive impact.

So why do I love it so much? Easy really, great teamwork, fun, adventurous, sociable and giving back.

My 8 months at Rotary as been an amazing ride, I have learnt about lots of causes and charities and ways we can help which is incredible. It has really opened my eyes up and every time we have a guest speaker it is guaranteed to catch my heart strings and make me think how can I make a difference. I have had opportunities to be involved with many things, 24 challenges, rowing, marshalling, young chef of the year judge, children in need, the list is endless.

So in a nutshell, if you would like to meet like-minded people, help raise awareness, help the community, challenge yourself and have lots of fun all at the same time, then Rotary just could be the best decision you ever make!

Elisa-Jade Gratton



RECIPE CORNER

Elisa-Jade, one of our club members, is a qualified chef with over 29 years' experience cooking at some of the finest places, she currently heads up a flag ship corporate fine dining kitchen in the heart of Surrey. Food is one of Elisa's biggest passions and over the years has claimed a number of awards including getting on to MasterChef a few years ago.



Soy chicken with shiitake mushrooms and lightly pickled vegetables



Marinated Chicken Breasts

- 4 corn-fed chicken breasts, skinned
- 80ml of soy sauce
- 80ml of water
- 3 tsp dark soya sauce
- 4 tbsp of brown sugar
- 50ml of rice wine
- 3 slices of fresh ginger
- 2 garlic cloves

Pickled Vegetables

- 120ml of red wine vinegar
- 120ml of water
- 3 tbsp of caster sugar
- 1 tbsp of salt
- 8 asparagus spears, trimmed
- 1 carrot, cut into thin rounds on the bias
- 1 red pepper, cut into thin strips
- 12 mangetout, cut in half on the bias

To plate

- 6 shiitake mushrooms, thinly sliced
- 1 small onion, finely diced
- 2 tbsp of olive oil
- 2 spring onions, finely sliced for garnish

Method:

1. First prepare the chicken. Combine the marinade ingredients in a large bowl and mix well. Make 2-3 diagonal cuts on each side of the chicken breasts, place the breasts in the marinade and leave for anywhere between 4 and 24 hours to marinate. The longer you leave it, the more intense the flavour will be
2. Meanwhile, combine the red wine vinegar, water, sugar and salt in a pan and bring to a simmer, leave until the salt and sugar dissolve
3. Remove the vinegar mixture from the heat. Slice the asparagus spears in half lengthways and place in a heatproof bowl along with the other prepared vegetables
4. While the marinade is still warm, pour over the top of the vegetables and cover with cling film. Set aside for at least an hour to pickle
5. Test to see if the vegetables are pickled - they should be slightly tender, but still crunchy. When ready, strain and store in the fridge until ready to serve
6. Remove the chicken from the marinade but retain the juices
7. In a large pan, heat the oil, add the chicken and cook until golden brown. Remove from the pan and add the onions
8. Cook the onions until soft, then add the juices from the marinade and the sliced shiitakes. Return the chicken back to the pan, bring to a gentle simmer and cook for 30 minutes
9. Remove the pickled vegetables from the fridge and allow to come up to room temperature. Once the chicken is ready, add some of the juices to the vegetables, toss to coat and place in the centre of each plate
10. Slice the chicken and arrange on top, garnish with the spring onions and serve immediately



ROTARY COMES TO THE AID OF FOODSAHRE



Hearing of the lack of food at the town's foodbank the Rotary Club of Maidenhead Bridge leapt into action and purchased £250 worth of food to re-stock the shelves at the FoodShare store on Saturday.

The club has worked with FoodShare for over 5 years, supporting them every Wednesday and Saturday managing food distribution but also supporting them with practical issues such as helping to devise the food stacking/storage process to ensure all donated food is distributed to families in need.

Rotarians Kevin Gower and Lisa Hunter, with help from Debbie Gee from FoodShare, were stood outside Tesco Maidenhead as it opened and filled 3 trolleys with tinned vegetables and fruit, rice, cooking sauces and jams to help fill the current shortage of these food items.

Lisa Hunter commented "We must at this point say a huge thank you to Tesco Maidenhead for their amazing generosity as they gave us an additional £100 to spend in store, boosting us to be able to purchase

£350 worth of much-needed food. We should also apologise for clearing them out of all tinned carrots and peas!"

Kevin and Lisa were joined by fellow club members, Nisha Chhetri, Don Pearce, Carlos Sepulveda and Siobhan back at the FoodShare Centre to help date and stack the newly purchased food on the shelves ready for distribution.

Kevin comments "This is just one of the ways our club tries to make a difference to our community. The Foodshare volunteers that are members of Maidenhead Bridge Rotary Club can be proud of the contribution they have made to helping local people who have hit a difficult period in their lives."



ROTARY BASICS: OUR GUIDING PRINCIPLES

Throughout Rotary's history, several basic principles have been developed to guide Rotarians in achieving the ideal of service and high ethical standards. Here we cover a few of those principles, to help remind us why we are Rotarians.

Object of Rotary

First formulated in 1910 and adapted through the years as Rotary's mission expanded, the Object of Rotary provides a succinct definition of the organisation's purpose as well as the club member's responsibilities.



The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST: The development of acquaintance as an opportunity for service;
- SECOND: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD: The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH: The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service

The Four-Way Test

Followed by Rotarians worldwide in their business and professional lives, The Four-Way Test was created by Rotarian Herbert J. Taylor in 1932. It has since been translated into more than 100 languages and is used by organisations and individuals throughout the world. Of the things we think, say or do

- Is it the TRUTH?
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned?

Avenues of Service

We channel our commitment to service at home and abroad through five Avenues of Service, which are the foundation of club activity.



- Club Service focuses on making clubs strong. A thriving club is anchored by strong relationships and an active membership development plan.
- Vocational Service calls on every Rotarian to work with integrity and contribute their expertise to the problems and needs of society.
- Community Service encourages every Rotarian to find ways to improve the quality of life for people in their communities and to serve the public interest.
- International Service exemplifies our global reach in promoting peace and understanding. We support this service avenue by sponsoring or volunteering on international projects, seeking partners abroad, and more.
- Youth Service recognises the importance of empowering youth and young professionals through leadership development programs such as Rotaract, Interact, Rotary Youth Leadership Awards, and Rotary Youth Exchange.



UPCOMING EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
22 May 2017	23 May 2017	24 May 2017	25 May 2017	26 May 2017	27 May 2017	28 May 2017
	Brett Foundation Volunteering @ 7.30pm	FoodShare Volunteering @ 6pm			Foodshare (9am) @ Foodbank store AND Burnham Donkey Derby (12pm)	Marlow to Bourne End Walk via Spade Oak (Backup Date)
29 May 2017	30 May 2017	31 May 2017	01 June 2017	02 June 2017	03 June 2017	04 June 2017
Bank Holiday	Brett Foundation Volunteering @ 7.30pm	Food Share Volunteering @ 6pm			Foodshare (9am) @ Foodbank store AND Holyport Fair (12:30pm)	Meetup at Costa Coffee (10.30am)
05 June 2017	06 June 2017	07 June 2017	08 June 2017	09 June 2017	10 June 2017	11 June 2017
	Brett Foundation Volunteering @ 7.30pm	Food Share Volunteering @ 6pm			Food and Travel Quiz Holyport War Memorial Hall	
12 June 2017	13 June 2017	14 June 2017	15 June 2017	16 June 2017	17 June 2017	18 June 2017
	Brett Foundation Volunteering @ 7.30pm	Food Share Volunteering @ 6pm			Foodshare (9am) @ Foodbank store	End of Year Celebration at Costa Coffee (10.30am)
19 June 2017	20 June 2017	21 June 2017	22 June 2017	23 June 2017	24 June 2017	25 June 2017
	Brett Foundation Volunteering @ 7.30pm	Outdoor Shakespeare: A Midsummer Night's Dream @ Stubbings			End of year Party	

BIRTHDAY CORNER

Happy birthday to the following club members & children:

- Chloe - 4th May
- Nelly - 15th May
- James B - 26th May
- Millie - 2nd June
- Oli - 10th June
- Graham - 21st June
- Mike - 28th June



INDUCTION ANNIVERSARIES

Congratulations to the following members who are celebrating club induction anniversaries:

- Kevin, 6th April : 3 years
- Fabienne, 1st May: 1 year

